

**Health and Immunization Requirements for
Mechanicsville Christian Center
Niger Missions**

The following immunization requirement has been compiled with the help of Passport Health which is a Health Clinic Service that specializes in overseas travel. It is the desire of the foreign mission committee to help ensure that each team member has a safe and meaningful mission's experience.

Each team member is required to comply with the health and immunization requirements. The Team leader can give further information as to where each vaccination and/or medication can be obtained. Please be aware that your health insurance might only cover a limited amount of the cost of these immunizations.

Tetanus

Polio - adult booster

Hepatitis A

Meningococcal

Yellow Fever

Typhoid

Malaria Medicine (Due to side effects, LARIUM is NOT an acceptable Malaria Medication)

Cipro Prescription for Traveler's Diarrhea

Z-Pack Prescription for Sinus infections

Please be aware that this information is based on current in-country conditions and can change.

Subj: Shots and Malaria Medicine

Date: 9/26/2005 8:03:40 P.M. Eastern Standard Time

From: WBTEAGUE@cs.com

To: MJThaler@aol.com; azie@equity-concepts.com

To All LINK team members:

It is imperative that you be vaccinated for yellow fever, meningitis, typhoid, Hepatitis A, polio and tetanus before traveling to Niger. We have epidemics every year in this country. It is not worth the risk to travel to Niger without protection. Yellow fever is required by the government for entry to the country. Please keep your vaccinations up to date in an international health book (yellow booklet).

The number one cause of death in Niger is not AIDS, rather it is malaria. Please take your malaria pills diligently before your arrival, while in country, and upon your return according to your doctor's instructions for the prescribed medicine.

Thank you for your cooperation.

Brent Teague

General Secretary

Niger Assemblies of God Missionary Fellowship



Required Vaccine Checklist

The following immunizations and prescriptions are required for travel to Niger. They must be completed by the 2nd meeting and entered into your online application at www.linkniger.com. (This checklist is provided for your convenience; it does not need to be turned in.)

Your doctor may suggest or require other and/or additional shots based on your individual history, potentially incurring an additional expense.

Required Immunizations	Date of Vaccine or Prescription
Tetanus: diphtheria booster, needed every 10 years	
Polio: (inactivated, IPV), adult booster, needed only once over age 18	
Hepatitis A: Series of 2 shots with the second dose given 6 - 12 months after the first. Protective immunity achieved 2-4 weeks after the first shot. Remains valid for 20 years after the second shot.	
	Hepatitis A - Dose 1
	Hepatitis A - Dose 2
Meningococcal: for the "Meningitis Belt" of Africa. The LINK™ requires this inoculation regardless of the time of year you are traveling. Option 1: <i>Menactra</i> – Immunity for 8 years. Can be given to travelers under 55 years old. Option 2: <i>Meningitis Vaccine</i> – Immunity for 3 years. Good for all ages.	
Yellow Fever: REQUIRED for entry/visa, valid with certificate 10 days after receiving vaccine, remains valid for 10 years.	
Typhoid Option 1: Oral vaccine, 4 doses taken over a period of 8 days, immunity achieved for 5 years. Option 2: 1 dose injection, immunity achieved for 2 years.	
Required Prescriptions	
Malarone (malaria preventive medication): All of the Republic of Niger is at risk for malaria. A prescription for this preventive medication is required. (Due to side effects, Lariam, another malaria preventive medication, is NOT ALLOWED .)	
Cipro: Prescription medication used for severe cases of diarrhea.	
Azithromycin (Zithromax Z-Pac): Prescription medication for the treatment of sinus infections. Niger is hot, dry, and dusty, and these conditions can often provoke sinus problems.	
Optional Immunizations	
Hepatitis B: STRONGLY recommended for those travelers on Medical Missions. 3 doses given at separate appointments.	
	Hepatitis B - Dose 1
	Hepatitis B - Dose 2
	Hepatitis B - Dose 3
MMR (Measles, Mumps, Rubella): If you haven't had these illnesses, or the shot series, you may want to consider immunization. There is a risk of exposure to these contractible illnesses in Niger.	
Varicella (Chicken Pox): If you haven't had this illness, or the vaccine, you may want to consider immunization. There is a risk of exposure to this contractible illness in Niger.	