

**Health and Immunization Requirements
for Effective Ministries, Inc./The LINK™
and Mechanicsville Christian Center's
Niger Missions**

The following immunization requirement has been compiled with the help of Passport Health, a Health Clinic Service that specializes in overseas travel. It is the desire of the foreign mission committee to help ensure that each team member has a safe and meaningful mission experience.

Each team member is required to comply with the health and immunization requirements. The team leader can give further information as to where each immunization and/or prescription can be obtained. Please be aware that your health insurance might only cover a limited amount of the cost of these immunizations and prescriptions.

Please be aware that this information is based on current in-country conditions and can change.

- Tetanus (TD)**
- Tetanus, Diphtheria, Pertussis (TDAP)**
- Hepatitis A**
- Hepatitis B**
- Polio - adult booster**
- Meningococcal**
- Yellow Fever**
- Typhoid**
- Malarone Prescription for Malaria** (Due to side effects, LARIUM is NOT acceptable)
- Cipro Prescription for Traveler's Diarrhea**
- Azithromycin (Zithromax Z-Pac) Prescription for Sinus Infections**

To All LINK™ Team Members:

In accordance with the request of our ministry partners in Niger, it is imperative that you be vaccinated for: Yellow fever, Meningitis, Typhoid, Hepatitis A, Hepatitis B, Polio, Tetanus, and Tdap, before traveling to Niger. Niger has epidemics every year in this country. It is not worth the risk to travel to Niger without protection. Yellow fever is required by the Nigerien government for entry to the country. Please keep your vaccinations up to date in an international health book (yellow booklet).

The number one cause of death in Niger is not AIDS, it is malaria. Please take your malaria pills diligently before your arrival, while in country, and upon your return according to your doctor's instructions for the prescribed medicine.

Thank you for your cooperation.





Immunization Checklist

Please review the following required and suggested immunizations and prescriptions for Niger. They must be completed by the 2nd meeting and added to your online application at www.linkniger.com. Your doctor may suggest or require alternative or additional vaccines based on your individual medical history.

This checklist is for your information and does not need to be turned into the EMI/LINK™ office.

Required Immunizations	Date of Immunization or Prescription
Tetanus, Diphtheria (Td): adult booster needed every 10 years	
Tetanus, Diphtheria, Pertussis (TDAP): Adults age 19-64 years who have never received Tdap should receive this vaccine if has been over 2 years since their last Td vaccine. TDAP is needed only once in a lifetime. From the date of the TDAP vaccine, you have 10 years to receive a Td booster. <i>(Ex. Td received 2008, received TDAP 2010, Td booster not needed until 2020)</i>	
Hepatitis A: 2 doses with the second dose given 6 - 12 months after the first, immunity achieved 2-4 weeks after the first vaccine, immunity remains valid for 20 years after the second vaccine.	
Hepatitis A - Dose 1	
Hepatitis A - Dose 2	
Hepatitis B: 3 doses given at separate times.	
Hepatitis B - Dose 1	
Hepatitis B - Dose 2	
Hepatitis B - Dose 3	
Polio (IPV): adult booster needed only once over age 18	
Meningococcal: for the “ <i>meningitis belt</i> ” of Africa	
Option 1: Menactra - immunity for 8 years, intended for travelers under 55 years old	
Option 2: Menomune - immunity for 3-5 years, intended for travelers over the age of 55	
Yellow Fever: VACCINE REQUIRED for entry into Niger with a Visa. Valid with certificate 10 days after receiving immunization, immunity & validity for 10 years	
Typhoid	
Option 1: Oral - 4 doses taken over a period of 8 days, immunity achieved for 5 years	
Option 2: Injection - 1 dose, immunity achieved for 2 years	
Required Prescriptions	
Malarone: malaria preventive medication - All of Niger is at risk for malaria & a prescription for this is required. Due to side effects, Lariam, another malaria preventive medication, is NOT ALLOWED .	
Cipro: medication for the treatment of traveler’s diarrhea.	
Azithromycin (Zithromax Z-Pac): medication for the treatment of sinus infections. Niger’s hot, dry and dusty conditions often provoke sinus problems.	
Suggested Immunizations	
MMR (Measles, Mumps, Rubella): If you haven’t had these illnesses, or the vaccine series, you should consider immunization due to risk of exposure in Niger.	
Varicella (Chicken Pox): If you haven’t had this illness, or the vaccine, you should consider immunization due to risk of exposure in Niger.	